From the Principal

2016 has started at a frenetic pace with excellent delivery of lessons in teachers classrooms. I was delighted to show prospective students and parents around our school on our open days. Seeing the purposeful and focussed tone of classrooms was pleasing. The respectful and productive relationship between teachers and students was evident and impressed our guests.

Results

2015 continued our run of excellent results, in attendance, attainment and matriculation. Our HSC results were the best ever achieved by the school with 60% of HSC Marks being over 80 and only 3% being below 50. Over 80% of our students attained university entry, whilst others are perusing diploma and certificate courses in other educational setting. Others have been successful in gaining employment. The class of 2015 were a sensational group of students who achieved spectacular results. Kian Phu attained a perfect ATAR score of 99.95 and was recognised as the Best Academic International Student in the State at an awards ceremony earlier this month.

Family vacations outside of school holidays

Whilst this is not encouraged, it is sometimes unavoidable. Families must request permission for this via an application form from the front office.

Uniform

I am pleased that almost all of our students are now in uniform. Students in Years 7 through to 10 may wear their Sports Uniform all day on sports days only. That is:

- Years 7 & 8 — Tuesday
- Year 9 — Friday
- Year 10 — Thursday

World’s Greatest Shave

Some brave Tempe High students have continued the school tradition of supporting cancer research by participating in the World’s Greatest Shave. Mathew Forrester, Sam Martin, Zeynel Kaya, Abbas Abdul-Hardi, Edward Nguyen, Jonathan Vassil and Hassan Chehab had the harsh clippers run through their locks at school. Other students had their hair cut during the week. Currently, just over $1000 dollars has been raised.

Mr S Dassaklis—Principal
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<thead>
<tr>
<th>Week</th>
<th>Monday</th>
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<tr>
<td>8</td>
<td>Mar 14</td>
<td>YR 12 BLOCK OUT WEEK</td>
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<td>Sydney East Swimming</td>
<td>Year 10 History Elective task 1 School Photo Day Padilla NASCA - 10 students out</td>
<td>Year 10 History Elective task 1</td>
<td>Year 9 Respectful Relationships focus day - ALL DAY Open Boys Basketball KO</td>
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<td>YR 12 BLOCK OUT WEEK</td>
<td>Year 11 Economics Assessment Task 1 Year 10 History Elective task 1</td>
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<td>Year 11 Economics Assessment Task 1 Year 11 Business Studies - Task 1 Year 7, 8, &amp; 9 Common Tests (Mathematics)</td>
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<td>9</td>
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<td>Year 10 English Assess Task Speech ALL week Year 11 Extension 1 Presentations Week Year 11 Legal Studies Task 1 Oral Presentations It is the official Harmony Day today Year 7 English Task Due Year 9 English essay exam Year 11 Debaters@ St George Girls High 9M4 maths test ARTEXPRESS Excursion Visual Arts Electives 9,10,11</td>
<td>Year 10 English Assess Task Speech ALL week Year 11 Extension 1 Presentations Week Year 11 Legal Studies Task 1 Oral Presentations Year 10 Commerce Task 1 Year 8 English Assessment Task Due Year 9 science prac assessment task in class</td>
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<td>Mar 31</td>
<td>Apr 1</td>
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<td>EASTER MONDAY</td>
<td>YR 12 ASSESSMENT WEEK - OUT OF CLASS</td>
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<td>Yr 11 Hospitality assessment task due</td>
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<td>Year 11 Legal Studies Task 1 Oral Presentations backup week</td>
<td>Year 9 Geography skills test</td>
<td>TELL THEM FROM ME SURVEY WINDOW</td>
<td>10V History Task 1</td>
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<td>YEAR 11 ENG STAND &amp; ADVANCED ASSESS</td>
<td>10Y, 10R, 10G, 10P History Task 1</td>
<td>08:20am - 3:08pm</td>
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<td>08:20am - 3:08pm</td>
<td>10Y, 10R, 10G, 10P History Task 1</td>
<td>10P, 10A Geography mandatory fieldwork</td>
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<td>10R, 10Y Geography mandatory fieldwork</td>
<td>10Y, 10R, 10G, 10P History Task 1</td>
<td>09am - 3pmYear 8 Zoo Excursion All Day CAPA</td>
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<td>6pm - 7pm New Parents Evening</td>
<td>Year 11 chemistry assessment</td>
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<td>Apr 7</td>
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<td>YR 12 ASSESSMENT WEEK - OUT OF CLASS</td>
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<td>CHS Swimming</td>
<td>CHS Swimming</td>
<td>Geography Task 1 - 10Y</td>
<td>Geography Task 1 - 10Y</td>
<td>Geography Task 1 - 10A, 10P</td>
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<td>10A History Task 1 11am - 6pm EXECUTIVE PLANNING DAY</td>
<td>Geography Task 1 - 10Y</td>
<td>Duke of Ed</td>
<td>Duke of Ed</td>
<td>LAST DAY OF TERM !</td>
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<td>Duke of Ed</td>
<td>Aboriginal Parents Afternoon Tea - Proposed</td>
<td>Aboriginal Parents Afternoon Tea - Proposed</td>
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<td>TERM 2 1</td>
<td>Apr 25</td>
<td>Apr 26</td>
<td>Apr 27</td>
<td>Apr 28</td>
<td>Apr 29</td>
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<td>ANZAC DAY</td>
<td>STAFF DEVELOPMENT DAY</td>
<td>FIRST DAY OF TERM 2 FOR STUDENTS</td>
<td>6:30pm - 8:30pm Meet the Music Y11</td>
<td>EXT2 English ASSESS Tempe Marrickville Cup</td>
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STUDY SKILLS HANDBOOK: STARTING THE DAY WELL

Do you find it hard to get out of bed some days and be positive about going to school and learning? It can be hard to turn the day around when you wake up like this and don't take steps to start your day in a positive way. Your approach in the first hour of the day dictates the direction of your day of learning at school.

To ensure you start your mornings well you need to make sure you have a night-time and wake-up routine.

1. Set Your Intentions Before Bed: consciously decide every night to create a positive expectation for the next morning
2. Move Your Alarm Clock Across The Room: so you have to get up to turn it off
3. Brush Your Teeth: when you wake up and splash water on your face
4. Drink a Full Glass of Water: to hydrate yourself after several hours without water
5. Add some of the following ideas to your own routines

The “Miracle Morning” is a book written by Hal Elrod and he speaks about starting your morning with “Life SAVERS”. The idea is that you add some of these to your morning routine or come up with your own activities for a positive start to the morning:

- Silence can be meditation, mindfulness, prayer etc.
- Affirmation can be a word you use that reminds you of who you are and how to be
- Visualisation is an intention (directing your focus) on how you want your day to be
- Exercise can be a short walk or stretching or going for a run (exercise is a great thing to do in the morning)
- Reading something that is positive and enjoyable. What you read “resonates” with you. It gets you thinking and expanding “beyond yourself”
- Scribe is about journaling. Writing in your journal about your day gives you insight and clarity about issues. It also helps you realise what's working and how far you have come.

These tips are courtesy of:

www.humanconnections.com.au

You can learn more about creating positive learning handouts and many other topics to help you achieve your best at school at

www.studyskillshandbook.com.au

by logging in with these details:

Username: tempehs
Password: 61success
Year 12, Valentine’s Day Project

World’s Greatest Shave
PDHPE

The GRIP Leadership Excursion

G Generosity
R Responsibility
I Integrity
P People

Nearly thirty weary-eyed Tempe High School students all met at Sydenham Station to catch the 7:43 AM train and begin the journey towards the GRIP Leadership Conference at Sydney Olympic Park. We all went on this fantastic excursion for one reason - to learn what leadership is really about and how we can become better leaders ourselves. During the excursion, the SRC learnt about the values of contributing to events, the school and the leadership team as a whole. At the same time, half of the SRC students learnt different ways of making speeches dynamic, while the other half learnt dynamic ways of creating events. After a quick break, the SRC learnt both how to motivate others as well as putting a stop to bullying. If I had to sum up what the role model school leader should do, it is to:

• Encourage more people who have different talents to speak up and contribute to the SRC
• Set realistic goals
• Focus on ideas people are motivated by
• Know what the right decision is

After experiencing the GRIP Leadership Conference, I asked three SRC students what they thought about GRIP Leadership and this is what they said:

Patrick, Year 8-
"I think it was a good way for leaders to extend their knowledge of helping the community from a leader’s point of view"

Hassan, Year 12-
"I believe it is essential to know"

Priscilla, Year 9-
"I thought it was great"

Open Boys Basketball

An outstanding display guaranteed that the Open Boys’ Basketball Squad will be contesting for the Sydney East title after they won convincingly over Jannali High School on Friday 4th March.

The boys won 49-25 in a match that contained many highlights including 3 point bombs and consistent rebound dominance. The team voted Richard Yao as their “players’ player” after he top scored and led the team from the front.

Congratulations to all the boys for the way they represented themselves and the school and good luck for the second round!

2016 Swimming Carnival

by Jonathan Vassil, 9 Aqua
News from the Arts Unit

This stunning artwork is a detail of a work by Si Yuan Shelley Gu, a 2016 HSC graduate of Tempe High School (Sydney), whose drawing has been selected for ARTEXPRESS. This means that she received 100% for this Major work in the HSC and it was considered outstanding amongst all the other works that received 100%.

Shelley's work will be on display at the Art Gallery of New South Wales and Wagga Wagga Art Gallery
P & C NEWS!

Welcome!
Tempe High School P & C welcomes you to 2016. If you want to find out more about Tempe High School and support the school and your child’s learning, come along to the informal P & C meetings where you can talk to other parents and hear from staff and student speakers.

We meet on the second Tuesday of each month during terms between 7pm and 8pm in the Library and discuss a topic relevant to parents at each meeting. The next meeting is on May 10 and the discussion topic will be the School Plan. The year’s topics are as follows:

<table>
<thead>
<tr>
<th>Month</th>
<th>Meeting Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>March</td>
<td>8th</td>
<td>The School Plan</td>
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<tr>
<td>April</td>
<td></td>
<td>NO MEETING</td>
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<tr>
<td>May</td>
<td>10th</td>
<td>Learning, Homework and Technology</td>
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<td>June</td>
<td>14th</td>
<td>Cybersafety—External Speaker</td>
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<td>July</td>
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<td>NO MEETING</td>
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<td>August</td>
<td>9th</td>
<td>School Policies—Health and Wellbeing, Discipline and Bullying</td>
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<td>September</td>
<td>13th</td>
<td>NAPLAN results and meet SRC</td>
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<tr>
<td>October</td>
<td>11th</td>
<td>School policies continued—Health and Wellbeing, Discipline and Bullying</td>
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<td>November</td>
<td>8th</td>
<td>AGM, topic TBA</td>
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<tr>
<td>December</td>
<td>13th</td>
<td>End of Year Drinks</td>
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Uniform Shop
The P & C Uniform Shop is up and running again. Drop off old uniforms. Buy second-hand ones. All items are reasonably priced—jackets, skirts and jumpers either $10 or $5, all other items are $5 or less. Contact the school or email for opening times:

tempeuniformshop@gmail.com

Cycling
The NSW Road and Maritime Service has given a grant to Marrickville Council to plan a regional cycle route and three local routes. It is calling for help from the local community to provide early input into the project. Register at:

YourSayMarrickville to get involved:


Ms Louise Roberts—President P & C
Dear Parents and Carers

In Term 1 2016, your school is taking part in the Tell Them From Me student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help them improve. The survey is completed on-line and is run by an independent research company, The Learning Bar, which specialises in school-based surveys.

Staff in schools will not be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and will be administered by the school during normal school hours. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

As well as schools getting student feedback, the Department of Education, through the Centre for Education Statistics and Evaluation (CESE), has access to data from across NSW and is running a research project to look at state-wide patterns of student wellbeing, engagement and effective teaching practices. The research is looking at how these things impact on student outcomes, including academic performance. Individual students and schools will not be identified in any CESE publications, and all information will be handled in accordance with the relevant privacy legislation. Students’ personal information will not be disclosed by the Department to any other person or body other than as required by law.

This research will help schools in New South Wales to better understand how to improve student wellbeing and engagement. It will also help teachers and principals discuss what works to improve student outcomes.

Participating in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable answering any question, he/she should leave it blank and move on to the next question. Your child can stop the survey at any time.

If you do not want your child to take part in the survey, please complete the attached form and return it to your child's school by Monday 14th March 2016.

More information about the survey and the research is available in English on the CESE website: http://surveys.cese.nsw.gov.au/information-for-parents

Mr S Dassaklis
Principal
Tempe High School

CENTRE FOR EDUCATION STATISTICS AND EVALUATION
E cese@det.nsw.edu.au       www.cese.nsw.gov.au
Tell Them From Me Student Feedback Survey non-consent form

If you do not want your child to participate in the student feedback survey, please sign this form and return it to your school by delete and insert date of return.

I DO NOT give consent for my child/children to participate in the Tell Them From Me student feedback survey.

Name of student/s ...........................................................................................................

Roll class/es ...................................................................................................................

Name of parent/carer ....................................................................................................

Signature of parent/carer ............................................................................................

Date .............................................
Dear Parents and Students

Please accept this invitation to join us on

Wednesday, 30 March 2016
Between 6.00 - 7.00pm
in our School Hall

- The support act for the evening will be the
  Tempe High School Band and Choir,
  who will be performing for your pleasure
- Light food and refreshments will be served
- Year 7 Interim reports will be distributed
- Staff will be available for informal talks

Our school community is committed to the school’s strategic directions and practices to achieve educational priorities. We hope you can join us on this occasion to strengthen and support the link between our school and our families.

RSVP: Please return your RSVP to the front office by

Tuesday 29 March 2016.

Student Name:____________________________ Class: _______

Number attending: ____________